

TEA
OR
COFFEE?

CONTINENTAL BREAKFAST

----- £9.95 -----

However you like to start your day, we've got something for you. That's the joy of a continental breakfast, you decide where to begin! Please visit the buffet to see the full breakfast selection.

PERFECT PORRIDGE

Made to order with your choice of -
Water (148kcal) **VE** **GF**
Semi-skimmed milk (258kcal) **V** **GF**
Oat milk (287kcal) **VE** **GF**
Served plain or topped with -
Honey (add 154kcal) **V** **GF**
Maple syrup (add 139kcal) **VE** **GF**

AMERICAN-STYLE PANCAKES

Three pancakes served plain (290kcal) **V**
or topped with -
Butter (659kcal) **V**
Smoked streaky bacon and maple syrup (675kcal)
Fruits of the forest (369kcal) **V**

FRESH BREAD SELECTION **VE** **GFA**

Your choice of white or brown sliced
or freshly baked bloomer

JAMS & SPREADS **V** **VEA** **GF**

Selection of fruit jams, marmalade, honey, Nutella®,
Marmite®, Anchor butter and Flora

OUR PASTRIES **V** **VEA**

Freshly-baked buttery croissants, pain au
chocolat and vegan pastries

CLASSIC CEREALS **V** **VE** **GFA**

Your choice of Granola, Corn Flakes, Weetabix,
Frosties or gluten-free Corn Flakes

FRESH FRUIT **VE** **GF**

Help yourself to our selection of lovely seasonal
whole and freshly prepared fruits

YOGHURTS **V** **VEA** **GF**

Greek style fat free, plant-based and
fruit flavoured options. Fruit compote

DRIED FRUITS & SEEDS **VE** **GF**

Perfect for a sprinkle! Juicy sultanas, banana
chips, sunflower and pumpkin seeds

CHEESE & CHARCUTERIE **V** **GF**

Today's selection, includes Monterey Jack cheese,
sliced ham and cold boiled eggs

ENJOY WITH
A MORNING
BREW

COOKED BREAKFAST

----- £16.95 -----

*A delicious and hearty breakfast full of all the classics you know and love.
Choose from our continental breakfast selection, plus anything from our hot buffet.*

EGGS **V** **GF**

Your choice of fried or scrambled

Eggs to order -

Omelette (330kcal), please ask for filling options

Poached (159kcal per two eggs)

Boiled (158kcal per two eggs) available as soft,
medium or hard

BACON **VEA** **GF**

Freshly grilled back or THIS™ isn't plant based bacon

SAUSAGES **VEA** **GF**

Traditional pork, Cumberland or Meatless Farm™
plant based, simply grilled

POTATOES **VE** **GF**

Please visit the buffet for today's option

TOMATOES **VE** **GF**

Lightly browned under the grill

BAKED BEANS **VE** **GF**

It wouldn't be a cooked breakfast without them

MUSHROOMS **VE** **GF**

Freshly sautéed buttons

DRINKS

A choice of the following drinks are included in both breakfast options

FRUIT JUICE

Your choice of -

Cloudy apple **VE** **GF**

Brazilian orange **VE** **GF**

HOT DRINKS

Your choice of -

Coffee **VE** **GF**

Tea **VE** **GF**

Hot chocolate **V** **GF**

**UPGRADE TO A
TALL STARBUCKS
HOT DRINK FOR £2.00**

Adults need around 2000 kcal a day.

If you have any dietary requirements or require any information on any of the 14 declarable food allergens, then please speak to a member of our team before ordering. Please note that we store, handle and prepare a range of ingredients that contain food allergens and cannot guarantee that our dishes are allergen free due to the potential of cross-contamination. Prices include VAT.

V Vegetarian. **VE** Vegan. **VEA** Vegan available. **GF** Gluten Free. **GFA** Gluten Free available.

Kids stay and eat free means that children under the age of 13 years can enjoy breakfast free of charge when accompanied by at least one adult. Children will be charged at half adult rate when kid's eat free criteria is not met.

FOR FULL CALORIE & ALLERGEN CONTENT PLEASE SEE BUFFET LABELS